

Senior Dog Nutrition Checklist

Daily Nutrition Tracker

- Record meals, portions, and treats daily
- Monitor stool quality and hydration
- Track weight and appetite weekly

Senior Food Transition Timeline

Day 1-2: 75% old food / 25% new food

Day 3-4: 50% old / 50% new

Day 5-6: 25% old / 75% new

Day 7-10: 100% new food

Foods to Avoid

- Chocolate
- Grapes & raisins
- Onions, garlic, chives
- Xylitol (in sugar-free gum/peanut butter)
- Alcohol and caffeine
- High-fat table scraps

Questions to Ask Your Vet

- Is my dog's weight healthy?
- Should I adjust protein or calorie intake?
- Is a joint or cognitive supplement appropriate?
- Is there a specific food for my dog's condition?
- How often should we do senior blood work?

Print this checklist and place it on your fridge or bring it to your next vet visit.